

Tabak's
HEALTH PRODUCTS
A Corporation

Our Guiding Philosophy:
Superior, *Science-Based*
Nutritional Supplements

August 23, 2001

Mr. Robert Moore
Food and Drug Administration
200 C. Street SW
Washington, DC 20204

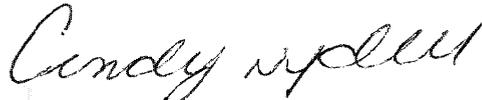
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RECEIVED
AUG 27 2001
BY: _____

Dear Mr. Moore,

In compliance with the final ruling for Dietary Supplements dated January 6, 2000 here are copies of our offers for your files:

Sincerely,



Cindy Nydell

Enclosures

97S 0162 LET 8540



Our Guiding Philosophy:
Superior, *Science-Based*
Nutritional Supplements

I, Lawrence Tabak, certify the accuracy of the information presented and contained in the notice is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

To the best of my knowledge and belief, I believe the above is true.

A handwritten signature in black ink, appearing to read "Lawrence Tabak", is written over a horizontal line.

Lawrence Tabak,
President

Catalog - Easy Order Form - (Select the products you want and mail entire form with your payment)

Product Name and Description	Qty.	Size	Price	Extension
<p>8/22/01</p> <p>20/20 Caps[™] - Promote vision and eye health with these natural ingredients. Lutein has been shown to help support a healthy macula. Vitamin A has been shown to enhance night vision. Carotenoids maintain vision and eye health.^{1,2,3}</p>		60 Capsules (1 Month)	\$25.97	
<p>Arthritis-Ease[™] - Safe, long-lasting relief from arthritis pain. 100% all-natural homeopathic remedy. Triggers your body's own healing and pain-reducing process. Safe and gentle approach - no harsh chemicals, no side-effects. No threat to your stomach or digestive system.</p>		60 Capsules (1 Month)	\$25.97	
<p>BetiPlus[™] - Help maintain healthier blood sugar levels, naturally. Bitter Melon Fruit Extract enhances glucose balance. Alpha-lipoic Acid helps support healthy blood sugar levels. Vanadyl Sulfate helps maintain healthy blood glucose. To be used as part of your diet. Not intended to affect abnormal blood glucose.^{4,5}</p>		60 Tablets (1 Month)	\$25.97	
<p>BoneKeeper[™] - Help maintain stronger, healthier bones with normal bone density. This is a highly compatible, usable, and absorbable calcium-rich supplement. All-natural ingredients have been shown to support healthy bones, while promoting normal bone density.^{7,8,9}</p>		90 Tablets (1 Month)	\$29.97	
<p>CholestLo[™] - Maintain cholesterol levels that are already in the normal range. Keep your total and LDL cholesterol levels in check - safely and naturally. Promotes normal cholesterol levels, when combined with healthy diet and exercise.^{10,11}</p>		60 Tablets (1 Month)	\$25.97	
<p>DreamCaps[™] - Do you have difficulty falling asleep? An all-natural and safe approach to sleeping. Has no side-effects, and is not addictive. Made of herbal extracts Valerian Root, Kava Kava, and other carefully selected nutrients to promote deeper, more restful sleep in a gentle way.^{12,13,14}</p>		50 Capsules (1 Month)	\$19.97	
<p>EnergyCaps[™] - Gives you extra energy even when you're feeling tired or sluggish. Feel more alert and awake even if you're running on "low." Improve your attention span and performance in stressful times.^{15,16,17}</p>		30 Capsules (1 Month)	\$25.97	
<p>GoodMood Food[™] - Acts quickly against stress and feeling "low." With St. John's Wort. Has positive effects on anxiety, nervousness, and feelings of sadness and uselessness.¹⁸</p>		90 Capsules (1 Month)	\$25.97	
<p>GluChon 1500[™] - Support normal cartilage formation while maintaining healthy joint fluid and tissue. Provides Glucosamine and Chondroitin, the building blocks for good lubrication and healthy cartilage. Contains anti-oxidants, Vitamin C and Manganese, for increased effectiveness. 100% natural.^{19,20,21}</p>		60 Tablets (1 Month)	\$25.97	
<p>Here-We-Grow[™] - Promotes healthier, richer, fuller-looking hair - 100% naturally! It supplies root energizing nutrients that support normal hair growth: Biotin, MSM, Zinc, Fo-ti, Collagen, and more.^{22,23,24}</p>		60 Tablets (1 Month)	\$29.97	
<p>HeartShield[™] - Keep your heart healthy with these powerful "cardio" nutrients. Vitamin E, Vitamin B6, Folate, Vitamin B12, Magnesium, Selenium, Coenzyme Q10, Ginkgo Biloba leaf extract, Hawthorne berry, Cayenne pepper, Garlic bulb (odorless), L-taurine, and Choline. Maintain a healthy cardiovascular system. Sustain optimum blood pressure levels. Promote proper arterial flow.^{25,26,27}</p>		60 Capsules (1 Month)	\$29.97	
<p>Legulax[™] - Help prevent nightly leg cramps. Increase blood flow to the extremities during sleep and promote muscle recovery throughout your body.^{28,29}</p>		60 Gelcaps (1 Month)	\$25.97	
<p>Mega JointWellness[™] - Support normal cartilage formation in your knees, elbows, back, fingers, knuckles, hips, and shoulders. Provides the natural building blocks you need to maintain healthy connective tissue. Nourish the creation of healthy synovial fluid, which keeps your joints moving properly.^{30,31,32} *\$6 shipping and handling</p>		Powder 30-Day Supply	\$29.97	
<p>MegaWellness[™] System - Supercharge your energy, stay healthy, and add life to your years. The perfect multi-vitamin. Our customers tell us they . . . Feel years younger. Have sharper mental focus.³³ Have surging energy, undreamed-of endurance and stamina.³⁴ Rebound quicker from stressful situations. Feel healthier and stay healthier.³⁵ Feel more alive than they have in years. *\$6 shipping and handling</p>		30 Packets (1 Month)	\$29.97	
<p>Nature's Shape[™] - Reduce your appetite. Increase your energy. Reduce cravings for sweets. Reduce your food intake at meal times and snack less between meals. Follow label directions carefully. Contains Ma Huang and Guarana.^{36,37,38}</p>		60 Capsules (1 Month)	\$25.97	
<p>PotencyPlus[™] - Helps promote increased sexual energy, healthy virility and youthful vigor that have declined due to age. The ingredients can help to . . . Enlarge and dilate your body's blood vessels. Improve circulation and keep blood flowing. Support healthy levels of testosterone, which can stimulate desires of intimacy. Follow label directions carefully.^{39,40,41}</p>		60 Capsules (1 Month)	\$29.97	
<p>ProstiLo[™] - Promotes healthy prostate function. Zinc aids healthy prostate function. Saw Palmetto Extract supports a healthy prostate. Stinging Nettle Herb maintains a healthy urine flow. Pygeum Africum lowers prolactin levels. Selenium promotes a healthy prostate.^{42,43,44,45,46,47}</p>		60 Capsules (1 Month)	\$25.97	
<p>ReguCleanse[™] - Nature's secret for maintaining a healthy colon and bowel function: Helps maintain a normal and regular digestive/elimination system. There are NO psyllium seeds or anything allergic. Won't cause that "embarrassing rush" to the bathroom. Helps to keep your bowels moving.^{48,49}</p>		90 Tablets (1 Month)	\$25.97	
<p>RegularOne[™] - Promotes regularity! Very easy on your stomach and is designed for daily use. Helps to keep your digestive system in balance so that it works normally and regularly as it should.⁵⁰</p>		60 Gelcaps (1 Month)	\$19.97	
<p>ReFaze[™] Beauty Formula - Enjoy smoother, more beautiful, younger-looking skin. Maintain healthy, glowing skin. Gently attack wrinkles, making them less visible. Reduce the visibility of age spots. Firm up your skin. Reduce that "puffy eye" look. Help maintain your skin's youthful vitality.⁵¹</p>		Skin Cream (1 Month)	\$24.97	
<p>SatisBaction[™] - Help maintain a strong, healthy back. Specially formulated to lessen tension. Support spinal disc wellness. Enhance vertebral health. Keep your back and neck functioning comfortably. 100% natural, gentle to your system, and safe.^{52,53,54}</p>		60 Capsules (1 Month)	\$29.97	
<p>SensiClean[™] & SensiMask[™] - Does your skin tend to break out? Help "clear up" your skin, naturally. Instead of artificially drying out your skin, our system cleanses and balances your skin, which is the key to healthy, clear skin over the long run.</p>		Mask & Cleanser (1 Month)	\$25.97	

Please turn over

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Product Name and Description	Qty.	Size	Price	Extension
SinapeSaver™ - Watch those extra stubborn pounds begin to disappear - fast! New homeopathic formula helps reduce your appetite and your urge to snack. Plus, it lessens your cravings for sweets. Without stimulants or starvation. 100% natural, homeopathic, and safe.		1 OZ (1 Month)	\$25.97	
Slimming Tea™ - Achieve your goals with the help of this Tasty Tea! Natural Slimming Tea™ supports proper colon function, which allows your elimination system to function normally as it should. Within 14 days, when used as part of your overall weight-loss plan, you could begin to see a dramatic difference.	30 Tea Bags (1 Month)		\$25.97	
SuperAmore™ - Jump start your sex drive with this all natural libido enhancer. Promotes intimacy. Increases sexual energy in both men and women.	60 Capsules (1 Month)		\$29.97	
ThinkCaps™ - An intelligent approach to keep your brain and memory sharp. Ginkgo Biloba Extract helps increase blood circulation to the brain, resulting in better concentration and sharper memory in those with age-related absentmindedness. Vinpocetine increases the metabolism in the brain. The benefits of Phosphatidyl Serine on memory loss have been studied extensively.	60 Capsules (1 Month)		\$25.97	
VitalOne™ - Looking for the ultimate in anti-aging? Minimize free radical damage with this super anti-oxidant. Gives you added cell strength, extra energy and bolsters against destructive free radicals. This "cell-protecting," "anti-aging," supplement helps keep you feeling and looking younger, naturally.	60 Tablets (1 Month)		\$29.97	
Aloe Vera Whole Leaf - Promotes "cooling" responses in your body and supports colon health.	60 Capsules		\$16.97	
Bilberry Extract - Supports healthy eye functioning.	60 Capsules		\$9.97	
Ginkgo Biloba Extract - Supports healthy brain and memory functioning.	60 Capsules		\$7.37	
Saw Palmetto Extract - Supports a healthy prostate.	60 Capsules		\$14.97	
Vitamin B12 - Promotes and supports a healthy immune system.	60 Tablets		\$9.97	

Sub Total	
CA residents add 7.5% tax	
Shipping*	\$4.00
Total	

- Please Provide Information Below -

Customer Number _____ (From your invoice) Key Code: 02-996

First Name _____ Last Name _____

Street _____ Apt. _____

City _____ State _____ Zip _____

Phone: (____) _____

Method of Payment: Check Money Order Visa MasterCard Amex Discover

Card #: _____ Exp. Date: _____

Please mail entire form to:

Tabak's Health Products
3198 Airport Loop Drive, Suite G Costa Mesa, CA 92626
 Or fax this order 24 hrs a day to (714) 850-1020

Please send me the products I've selected above. My payment is enclosed. Thereafter, I understand you will continue to send me a fresh supply of what I ordered, each month, with a bill. I may return merchandise for credit or cancel future shipments anytime.

Cash refunds (minus shipping and handling) will only be made for paid merchandise returned within 30 days of purchase.

Supporting References

1. Hirschfeld et al. "Validation of the Hamilton Depression Rating Scale." *Journal of Clinical Psychiatry* 1997;58(12):1821-11

2. O'Connell et al. "Mind-Body medicine: A review of the literature." *Journal of Clinical Psychiatry* 2002;63(12):1821-11

3. Hirschfeld et al. "A placebo-controlled study of citalopram in the treatment of major depressive disorder." *Journal of Clinical Psychiatry* 1997;58(12):1821-11

4. Wolkstein et al. "Effect of Montelukast on the respiratory system in patients with asthma." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

5. Pickett et al. "The effects of an antioxidant on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

6. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

7. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

8. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

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10. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

11. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

12. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

13. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

14. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

15. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

16. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

17. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

18. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

19. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

20. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

21. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

22. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

23. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

24. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

25. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

26. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

27. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

28. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

29. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

30. Burgen et al. "The effects of a natural product on the respiratory system." *Journal of Clinical Pharmacy and Therapeutics* 1998;23(4):277-81

Yes, I've completed your survey below. Based on my answers, please send me other products to try, from time to time, on a 30-Day Free Trial.

If I don't want any product, I'll simply return it and owe nothing. No questions asked.

However, if satisfied, I'll gladly pay the bill that comes with it and continue to receive a fresh supply of it each month with a bill.

I may cancel future shipments at any time. I understand that I can return anything I don't want with your postage paid reply label. There's no risk to me, so I'm going ahead.

X _____
 Sign name here

Preview Other Products (Optional)

Please check as many boxes that apply to you. Then circle three of them that are most important to you.

<input type="checkbox"/> Menopause/PMS	<input type="checkbox"/> Improve sexual energy (age related)
<input type="checkbox"/> Maintain cholesterol levels	<input type="checkbox"/> Maintain healthy eye sight
<input type="checkbox"/> Reduce wrinkles/age spot visibility	<input type="checkbox"/> Keep immune system healthy
<input type="checkbox"/> Multi-vitamin for overall health	<input type="checkbox"/> Serious athlete/improve performance
<input type="checkbox"/> Maintain bowel regularity	<input type="checkbox"/> A "lift" from blues/sadness
<input type="checkbox"/> Joint discomfort (age related)	<input type="checkbox"/> Maintain a healthy heart
<input type="checkbox"/> Keep prostate healthy	<input type="checkbox"/> Leg cramps (night time)
<input type="checkbox"/> Overweight 15 to 20 lbs.	<input type="checkbox"/> Get a good night's sleep
<input type="checkbox"/> Healthy glowing skin with natural mask & cleanser	<input type="checkbox"/> Maintain healthy gums
<input type="checkbox"/> Increase daytime energy	<input type="checkbox"/> Maintain healthy lungs
<input type="checkbox"/> Maintain strong bones/density	<input type="checkbox"/> Anti-aging, anti-oxidant formula
<input type="checkbox"/> Enhance memory/concentration	<input type="checkbox"/> Maintain hair fullness/hair health
<input type="checkbox"/> Blood sugar support (to be used as part of your diet, not intended to affect abnormal blood glucose)	<input type="checkbox"/> Back and vertebrae health

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Tabak's Health Products

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20/20 Caps™

Arthritis-Ease®

BetiPlus™

BoneKeeper™

CholestLo™

DreamCaps™

EnergyCaps™

GluChon 1500™

GoodMood
Food™

HeartShield™

Mega
JointWellness™

The
MegaWellness™
System

Nature's
Shape™

PotencyPlus™

ProstLo™

ReFaze™

ReguCleanse™

SensiClean™ &
SensiMask™

SlenderBlend™

Slimming Tea™

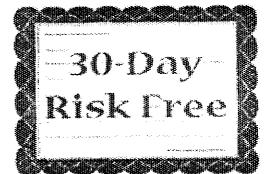


SEXUAL ENERGY. PASSION. DESIRE. LUST

Here is How to Have More of It...

Have you ever experienced age-related declines in stamina? Performance? Libido? Do you sometimes feel inadequate? Unworthy? A little embarrassed? Does your brain say "yes" but your body say "no"? If so, you *must* try SuperAmoré™. It's safe. 100% natural. Drug and chemical free. Most importantly, its ingredients can help to:

- Improve your sexual energy⁶⁷
- Increase your sexual prowess⁶⁷
- Maintain your sexual endurance⁶⁸
- Enhance your performances⁶⁹
- Heighten your sensitivity⁷⁰
- Stimulate your sexual activity⁶⁷
- Boost your staying power⁶⁸



In addition, SuperAmoré™ is made from special herbal ingredients proven to help recharge your sexual batteries.

Both men and women can benefit from this amazing tonic. Just swallow two small capsules per day with your meal. What could be easier than that? Your product will arrive in a confidential, non-descript, plain brown package.

\$29.97 [Click Here!](#)
To Order

Contains:
Horny Goat Weed, Maca, Muira Puama and Mucuna Pruriens.

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Tabak's Health Products
198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

Free 30-Day Trial

[DATE]

No Risk To You
If at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3937
for a postage paid reply label.

[CUSTOMER#]

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[FINDER#]

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[Street Address]
[City, State Zipcode]
[Barcode]

[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

SEXUAL ENERGY. PASSION. DESIRE. LUST.
Here is How to Have More of It...

[Date]

Dear [Firstname],

I'd like to send you a Free 30-Day Trial of an all-natural
supplement to enhance your sex drive.

Have you ever experienced age-related declines in stamina?
Performance? Libido?

As you get older...are you sliding on that slippery slope to...

NO MORE SEX?

Do you sometimes feel inadequate? Unworthy? A little embarrassed?
Does your brain say "yes" but your body say "no"? If so, you must
send for your Free 30-Day Trial of SuperAmoré™.

It contains No yohimbe bark. Nothing to be concerned about. It's
safe. 100% natural. Drug and chemical free.

Most importantly, its ingredients can help to:

- Improve your sexual energy¹
- Increase your sexual prowess¹
- Maintain your sexual endurance²
- Enhance your performance¹
- Heighten your sensitivity¹
- Stimulate your sexual activity¹
- Boost your staying power²

In addition, SuperAmoré™ is made from special herbal ingredients...

Proven to Help Jump Start Your Sexual Batteries!

Want more good news? Both men and women can benefit from this
amazing tonic. Just swallow two small capsules per day with your
meal. What could be easier than that?

Sex is more than just happiness. It's self-esteem. It's loving
yourself. It's loving another. It's loving life.

IT'S EVERYTHING!

[Firstname,] Would you like to put the butterflies back

(Please turn over)

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30-DAY FREE TRIAL

Mail To:
Tabak's Health Products
3198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

YES! I want to increase sexual energy, as well as stimulate feelings of intimacy. Please rush my **FREE 30-DAY TRIAL** of SuperAmoré™ to try out.
If I don't want SuperAmoré™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay the bill of only \$29.97 plus shipping and continue to receive a fresh supply each month with a bill. I may cancel future shipments at any time.

Mail Free Trial Coupon Today!

X

Sign name here

- 2 -

in your stomach? The excitement back in your loins? The pleasure back in your play?

If so, send for SuperAmoré™. Try it for a full 30 days in the privacy of your home. If you're *satisfied* - like no doubt you will be - simply pay the bill. If not, just return the empty container and pay us nothing. No questions will be asked. And you won't owe us a penny.

Any way you look at it...it's a more-than-fair offer.

SNOOZE - YOU LOSE

Do yourself a favor... Why live with this distressing situation? Why suffer with needless humiliation?

Instead, give yourself a reason to get out of bed in the morning. Rediscover the magic of love - the joy of intimacy once again.

Detach your Free Trial Coupon. Sign it. Place it in the enclosed envelope. Pop in it the mail. That's how easy and convenient it is to begin increasing your sexual energy. Send for it immediately. Prove it to yourself. Start feeling younger and more alive.

Looking forward to hearing from you,



Alex Nava
for SuperAmoré™

P.S. Sexual Energy. Passion. Desire. Lust. You can have more of it by sending for your Free 30-Day Trial of SuperAmoré™. Clip your enclosed coupon. Mail it today.

P.P.S. Your product will arrive in a confidential, non-descript, plain brown package.

Supporting References

1. Zheng BL, et al: "Effect of a lipidic extract from lepidium meyenii on sexual behavior in mice and rats." Urology 2000 Apr;55 (4): 598-602.
2. Buccì LR. "Selected herbals and human exercise performance." American Journal of Clinical Nutrition 2000 August; 72 (2 Suppl):624S-36S.
3. Cicero AF, et al: "Lepidium meyenii Walp. improves sexual behaviour in male rats independently from its action on spontaneous locomotor activity." J Ethnopharmacol 2001 May; 75(2-3):225-9.
4. Steven Lamm, M.D., "Effect of HGW Herbal Complex Supplement on Sexual Satisfaction..."

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3198 Airport Loop Drive, Suite G • Costa Mesa, CA 92626

How to Keep Your Prostate Healthy

Dear friend,

Keep your prostate running. Keep it healthy. That's what this all-natural supplement can help do for your prostate.

Look, if you're a male over forty, there's a better than 50% chance your prostate's going to go on the fritz. If that happens, it could spell . . .

No More Sex For You!

Imagine that? Think what that would mean to you? To your partner? How would your self-confidence change? Your feelings of intimacy?

I think it's safe to say it would indeed change your life completely.

Want to hear some good news now? As part of your healthy diet and exercise program, you can take all-natural ProstLo™. It contains these ingredients

proven to maintain a healthy prostate and enhance sexual energy:

Selenium: A team of researchers reported that the daily intake of Selenium enhanced prostate health by a meaningful percentage.¹

Zinc: Increased intake of it has been found to aid in healthier prostate function. Here's how: Essential fatty acids are converted in the body to the messenger hormones, prostaglandins, which control prostate function.²

Saw Palmetto Extract: In the last 15 years, numerous double-blind trials involving hundreds of men show that Saw Palmetto extract works extremely well to support prostate health.^{3,4}

Pygeum Africum: In several double-blind studies in France and Italy at 13 hospitals, three universities, and four research facilities,



Friendly, knowledgeable customer service is a top priority at Tabak's Health Products.

this herb enhanced prostate function significantly. In fact, in one study, sexual energy was increased as well.⁵

The herb seems to work by lowering prolactin levels, a pituitary hormone related to prostate and sexual function.

There you have it. Ingredients proven to promote wellness in your prostate and enhance sexual energy.

Suggested Dosage

Take 2 capsules daily with food. Please do get started today!

Supporting References

1. Clark LC, et al. "Decreased incidence of prostate cancer with selenium supplementation: results of a double-blind cancer prevention trial." *British Journal of Urology* 1998 May;81(5):730-4.
2. Fahim MS, et al. "Zinc arginine, a 5 alpha-reductase inhibitor, reduces rat ventral prostate weight and DNA without affecting testicular function." *Andrologia* 1993 Nov-Dec;25(6):369-75.
3. Gerber GS. "Saw palmetto for the treatment of men with lower urinary tract symptoms." *Journal of Urology* 2000 May;163(5):1408-12.
4. Wilt TJ, et al. "Phytotherapy for benign prostatic hyperplasia." *Public Health and Nutrition* 2000 Dec;3(4A):459-72.
5. Isharii A, et al. "Pygeum africanum for the treatment of patients with benign prostatic hyperplasia: a systematic review and quantitative meta-analysis." *American Journal of Medicine* 2000 Dec 1;109(8):654-64.

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Superior, Science-Based Nutritional Supplements

Some people wonder how Tabak's Health Products - which started just eight years ago - became a *leading* direct marketer of nutritional supplements.

Actually, the answer is quite simple. It's because of our core belief that, above all else, we must provide **superior, science-based nutritional supplements, that improve the quality of your life.**

Take Grape Seed Extract, a prime ingredient in our VitalOne™ antioxidant product, as an example.

Studies suggest that Grape Seed Extract, standardized to contain no less than 95% Proanthocyanidins, has a powerful anti-oxidant effect. It works by fighting free radicals and helps protect cells from damage.

Why's this important to you? Because non-standardized Grape Seed Extract will not have the same effect.

What we do in our research department is select ingredients for our formulas that are based on science.

This means we search for clinical studies that show how an ingredient actually affects the structure or function of your body in a beneficial way.

We dig further to

see what daily dose was used in the study.

We look at the specification or standardization of the ingredient.

Then, when we order our raw materials, we insist on receiving a Certificate of Analysis to verify it meets our standards. (See the example.)

More importantly, the ingredients we select are *not* based on cost alone! (In the case of Grape Seed Extract, non-standardized material is 70% cheaper than what we use.)

When it comes to your body and your health, believe us, *you want the best.*

Our pledge to you

You get superior, science-based formulas.

Plus, the ingredients are supported by clinical trials proving how they affect the

structure and function of your body in a positive way.

The bottom line? Our formulas can *actually* enhance your health and impact your quality of life, like never before! Therefore, they are worth *far more* than the small amount we ask for them! You have our word on it!



Supplement Facts		
Serving Size: Two (2) Tablets Servings Per Container: 30		
Amount Per Serving		% Daily Value
Vitamin E (as dl-alpha tocopherol acetate)	200 IU	667%
Vitamin C (ascorbic acid)	200 mg	400%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Manganese (as manganese amino acid chelate)	2 mg	100%
Copper (as copper amino acid chelate)	2 mg	100%
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as selenomethionine)	200 mcg	286%
Mixed carotenoids (from <i>Daucosella salina</i>)	2.5 mg	
Pine bark extract (from <i>Pinus maritima</i>) (proanthocyanidin)	50 mg	
Grape Seed Extract (Vitis vinifera) (95% proanthocyanidins)	200 mg	*
Milk thistle root extract (80% silybins)	100 mg	
Green tea leaf powder (Camellia sinensis [L.] Kuntze)	300 mg	
Milk thistle root extract (80% silybins)	70 mg	
Alpha-lipoic acid	50 mg	

In the example above, note how the certificate of analysis confirms the ingredient meets our standards.

Certificate of Analysis			
Product: Grape Seed Extract Batch Number: 20010103		Date: January 8, 2001	
ITEMS	CONTRACTED SPECIFICATIONS	RESULTS	
1% in water (25°C)	Insoluble ≤ 5.0%	2.6%	
2g in 100ml			
5% alcoholic solution		Transparent	
PH (4% in water)	2.5 - 4.5	3.7	
Loss on drying	≤ 5.0%	3.6%	
Sulfated ash	≤ 0.5%	0.1%	
Iron	≤ 10 ppm	< 10 ppm	
Arsenic	≤ 1 ppm	< 0.5 ppm	
Heavy metals	≤ 10 ppm	< 10 ppm	
Powder size	≤ 10 ppm	Pass 100 mesh	
A. Max		280 nm	
Content (proanthocyanidin) ≥ 95.05 (UV)		99.6%	
Organochlorine		N.D.	
Organophosphorus		N.D.	
Organonitrogen		N.D.	
Carbamate Pesticides		N.D.	
Solvents	RESULTS	ITEMS	RESULTS
Ethyl acetate	Negative	Acetone	Negative
N-Butyl alcohol	Negative	Chloroform	Negative
Toluene	Negative	Ethanol	< 100 ppm
Microbial Characteristics		Yeast & Mold	< 10 CFU/g
Total Aerobic	< 10 CFU/g	E.Coli	Negative
Salmonella	Negative		

EXAMPLE

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tabak's Health Products

Superior, Science-Based Nutritional Supplements

3198 Airport Loop Drive, Suite G • Costa Mesa, CA 92626

www.tabaks.com

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Sexual Energy. Passion. Desire. Lust. Here is How to Have More of It . . .

Dear friend,

Have you ever experienced age-related declines in stamina? Performance? Libido?

As you get older... are you sliding on that slippery slope to...

NO MORE SEX?

Do you sometimes feel inadequate? Unworthy? A little embarrassed? Does your brain say "yes" but your body say "no"? If so, you *must* try SuperAmoré™. It's safe. 100% natural. Drug and chemical free.

Most importantly, its ingredients can help to:

- Improve your sexual energy¹
- Increase your sexual prowess¹
- Maintain your sexual endurance²
- Enhance your

performance³

- Heighten your sensitivity⁴
- Stimulate your sexual activity¹
- Boost your staying power²

In addition, SuperAmoré™ is made from special herbal ingredients proven to help recharge your sexual batteries.

Both men and women can benefit from this amazing tonic. Just swallow two small capsules per day with your meal. You can take one in the morning and one at night or you can take both together. It's up to you. What could be easier than that?

Sex is more than just happiness. It's self-esteem. It's loving yourself. It's loving another. It's loving life.

IT'S EVERYTHING!



Friendly, knowledgeable customer service is a top priority at Tabak's Health Products.

Would you like to put the butterflies back in your stomach? The excitement back in your loins? The pleasure back in your play?

If so, open up your bottle of SuperAmoré™. Try it. You'll like it. Bring back the Sexual Energy. Passion. Desire. Lust.

SuperAmoré™ is not a stimulant to be taken just prior to sexual activity. Instead, you should take it every day and slowly, over time, you will begin to notice results. So please remain patient.

Rediscover the magic of love - the joy of intimacy once again.

Supporting References

1. Zheng BL, et al: "Effect of a lipidic extract from *lepidium meyenii* on sexual behavior in mice and rats." *Urology* 2000 Apr;55 (4): 598-602.
2. Bucci LR. "Selected herbals and human exercise performance." *American Journal of Clinical Nutrition* 2000 August; 72 (2 Suppl):624S-36S.
3. Cicero AF, et al: "*Lepidium meyenii* Walp. improves sexual behaviour in male rats independently from its action on spontaneous locomotor activity." *J Ethnopharmacol* 2001 May; 75(2-3):225-9.
4. Steven Lamm, M.D., "Effect of HGW Herbal Complex Supplement on Sexual Satisfaction..."

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Superior, Science-Based Nutritional Supplements

Some people wonder how Tabak's Health Products - which started just eight years ago - became a *leading* direct marketer of nutritional supplements.

Actually, the answer is quite simple. It's because of our core belief that, above all else, we must provide **superior, science-based nutritional supplements, that improve the quality of your life.**

Take Grape Seed Extract, a prime ingredient in our VitalOne™ antioxidant product, as an example.

Studies suggest that Grape Seed Extract, standardized to contain no less than 95% Proanthocyanidins, has a powerful anti-oxidant effect. It works by fighting free radicals and helps protect cells from damage.

Why's this important to you? Because non-standardized Grape Seed Extract will not have the same effect.

What we do in our research department is select ingredients for our formulas that are based on science.

This means we search for clinical studies that show how an ingredient actually affects the structure or function of your body in a beneficial way.

We dig further to

see what daily dose was used in the study.

We look at the specification or standardization of the ingredient.

Then, when we order our raw materials, we insist on receiving a Certificate of Analysis to verify it meets our standards. (See the example.)

More importantly, the ingredients we select are *not* based on cost alone! (In the case of Grape Seed Extract, non-standardized material is 70% cheaper than what we use.)

When it comes to your body and your health, believe us, *you want the best.*

Our pledge to you

You get superior, science-based formulas.

Plus, the ingredients are supported by clinical trials proving how they affect the

structure and function of your body in a positive way.

The bottom line? Our formulas can *actually* enhance your health and impact your quality of life, like never before! Therefore, they are worth *far more* than the small amount we ask for them! You have our word on it!



Supplement Facts		
Serving Size: Two (2) Tablets Servings Per Container: 30		
Amount Per Serving		% Daily Value
Vitamin E (as dl-alpha-tocopherol acetate)	200 IU	667%
Vitamin C (ascorbic acid)	250 mg	500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	625%
Manganese (as manganese amino acid chelate)	2 mg	100%
Copper (as copper amino acid chelate)	2 mg	100%
Zinc (as zinc amino acid chelate)	15 mg	150%
Selenium (as L-selenomethionine)	200 mcg	200%
Mixed carotenoids (from Dunaliella salina)	2.5 mg	
Pine bark extract (as proanthocyanidins)	50 mg	
Grape Seed Extract (Vitis vinifera) (95% proanthocyanidins)	200 mg	*
Olive leaf extract (from Olea europaea) (5% oleuropein)	100 mg	
Green tea leaf powder (Camellia sinensis (L.) Kuntze)	300 mg	
Milk thistle root extract (80% silybins)	70 mg	
Alpha-lipoic acid	50 mg	

In the example above, note how the certificate of analysis confirms the ingredient meets our standards.

Certificate of Analysis			
Product: Grape Seed Extract		Date: January 8, 2001	
Batch Number: 20010103			
ITEMS	CONTRACTED STIPULATIONS	RESULTS	
1% in water (25°C)	Insoluble ≤ 5.0%	2.6%	
2g in 100ml		Transparent	
5% alcoholic solution		3.7	
PH (4% in water)	2.5 - 4.5	3.0%	
Loss on drying	≤ 5.0%	0.1%	
Sulphated ash	≤ 0.5%	< 10 ppm	
Iron	≤ 10 ppm	< 0.5 ppm	
Arsenic	≤ 1 ppm	< 10 ppm	
Heavy metals	≤ 10 ppm	Pass 100 mesh	
Powder size		286 mm	
1. Max		236 mm	
Content (proanthocyanidin) ≥ 95.05 (UV)		99.6%	
Organochlorine		N.D.	
Organophosphates		N.D.	
Organonitrogen		N.D.	
Carbamate Pesticides		N.D.	
Solvents (ITEMS)	RESULTS	ITEMS	RESULTS
Ethyl acetate	Negative	Acetone	Negative
n-Butanol	Negative	Chloroform	Negative
Toluene	Negative	Ethanol	< 100 ppm
Microbial Characteristics			
Total Aerobic	< 10 CFU/g	Yeast & Mold	< 10 CFU/g
Salmonella	Negative	E.Coli	Negative

EXAMPLE

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3198 Airport Loop Drive, Suite G • Costa Mesa, CA 92626

Tabak's HEALTH PRODUCTS

A Corporation

*Our Guiding Philosophy:
Superior, Science-Based
Nutritional Supplements*

[Firstname Lastname]
[Street Address]
[City, State Zipcode]
[Barcode]

[CUSTOMER #]
[KEYCODE]
[DATE]

Dear [Firstname Lastname],

It recently came to my attention that you are no longer receiving the benefits of [Product Name].

SuperAmoré™ improves sexual energy and boosts staying power, that tend to decrease as you get older.

It contains horny goat weed, maca, muira puama and mucuna pruriens - ingredients that are safe. 100% natural. Drug free.

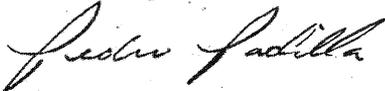
Most importantly, they can increase sexual prowess. Enhance performance. Heighten sensitivity.

The bottom line? They can help to jump start your sexual batteries.

We believe deeply in [Product Name] and would like to send it to you on the same Free Trial as before. But with one big difference. If you decide to keep it, your first shipment is at 50% off the regular price.

Just send this letter back to me in the reply envelope I've enclosed. I'll take care of everything.

Sincerely,



Peter Padilla, Customer Satisfaction Supervisor

P.S. Remember, your first shipment of [Product Name] is at 50% off (if you decide to keep it). Send NO money now, just return this letter to me.

P.P.S. Turn this letter over for interesting information, which is optional.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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